



CUSWPC Safety Policy

1 Introduction

CUSWPC is strongly committed to encouraging our members to take part, whilst seeking to ensure that the health, well-being and safety of each individual is managed effectively and that the safety of all external parties is considered and managed.

It is the role of the Safety Officer, appointed annually, to ensure that the rules as stated below are carried out, in accordance with club policy. It is the role of the club president(s) and the relevant team captains to support these tasks where relevant.

2 Duties of the club

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake recorded risk assessment of the club premises and all activities undertaken by the club, at least annually or when a change occurs.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development. Comply with the standards laid out by the relevant sports' national bodies.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure the implementation of the policy.

3 Duties of club members

As a club members you have duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

4 Responsibilities of club officers and members

Each of us has a duty of care. We have a legal responsibility to be accountable for understanding the activities that we participate in and for taking appropriate precautions when such activities might put others and ourselves at risk of injury. Those who have qualifications or specialist knowledge and those who lead projects/teams or associations/departments are deemed to have a greater responsibility to understand risk and, as far as is practically possible, ensure the safety of those in their charge.

Every single club member has a responsibility for health and safety. Members should promote a safe atmosphere and intervene when they feel unsafe practice is present. Failure to implement codes of conduct, rules and regulations may be construed as negligence. Clubs may find themselves facing fines and/or disciplinary procedures. Certain positions within the Club Committee have a designated responsibility for safety. The Committee and Club members should ensure that those holding such positions have the appropriate knowledge and experience to discharge their health and safety responsibilities. In taking up a position of a Club Officer an individual must understand that they are accepting responsibility and they must fulfil those duties to the best of their ability.

5 COVID-19

CUSWPC is strongly committed to comply with changing instructions regarding the ongoing COVID-19 pandemic. For this purpose, the Safety Officer will also act as a COVID-19 officer. It is the duty of the club to ensure that we observe and monitor the advice from:

- The government (specifically regarding gatherings, face coverings, use of facilities, movement of people)
- The relevant sports' national bodies (Swim England)
- The collegiate University
- The locations used by CUSWPC in any capacity

It is the duty of club officers to ensure the effective communication of new guidelines relating to any activity undertaken by members of CUSWPC, and to ensure that the relevant policies are undertaken fully. To aid in this, each event undertaken by the club will have a leading trained

COVID officer to ensure policies are strictly adhered to.

It is the duty of club members to inform the club of any suspected (or known) infection, and self-isolate in compliance with government advice. The club has the responsibility to trace and inform all those who had been in contact with the individual in question in the week prior of any positive result, in order to minimise the risk of an outbreak within one or more of the CUSWPC constituent teams.

Any breach of the rules, whether imposed by CUSWPC or by the bodies mentioned earlier, will be viewed as negligence and will face fines and/or disciplinary procedures.